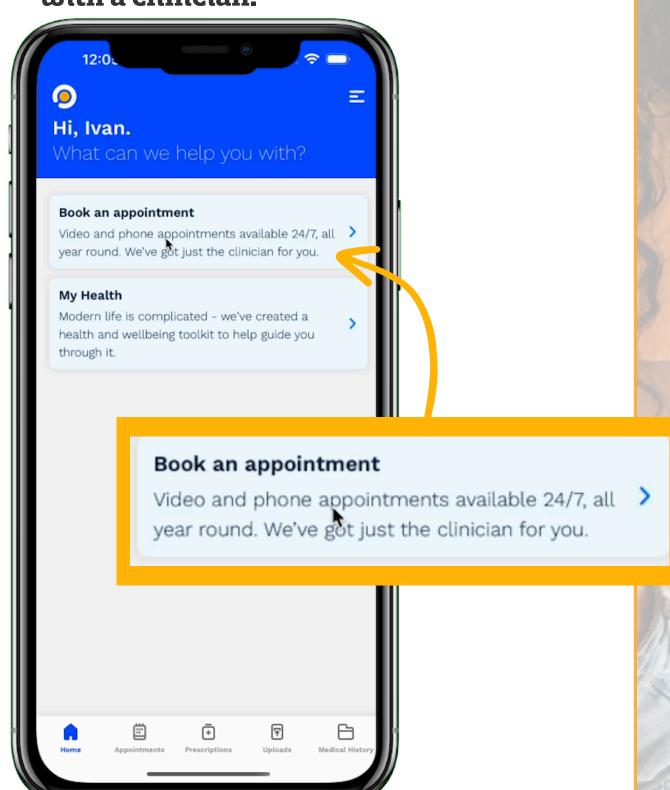


# How To Book An Appointment



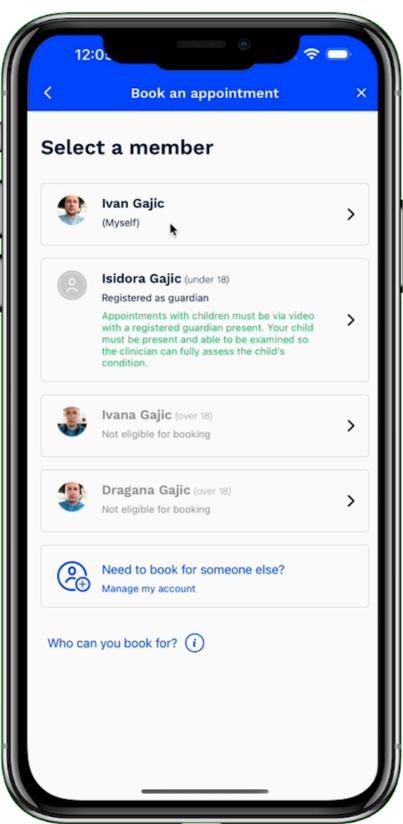


1. Select 'Book an appointment' to consult with a clinician.



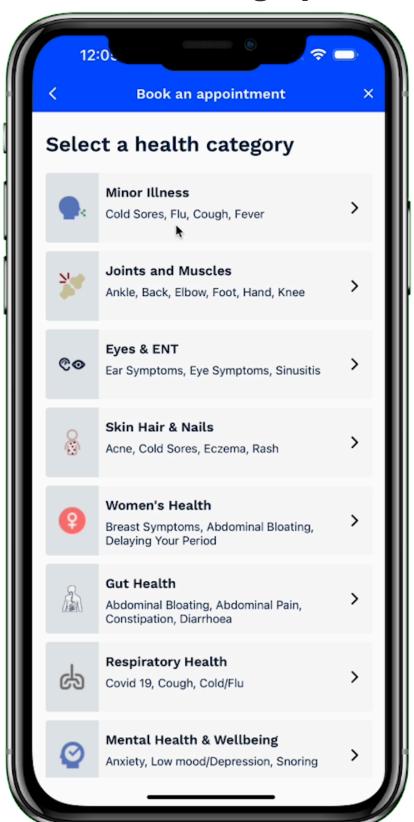


#### 2. Select who the appointment is for.



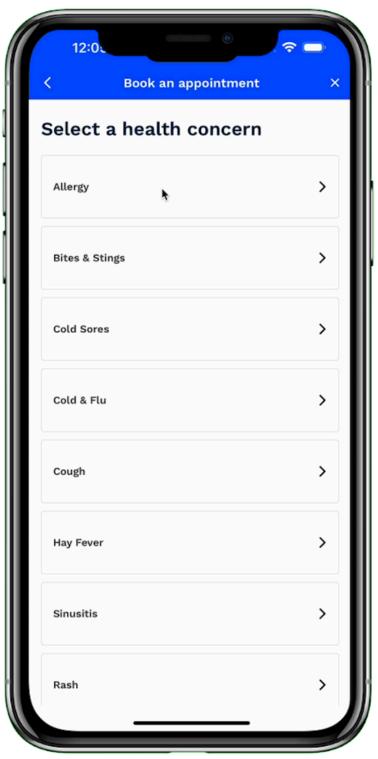


#### 3. Choose the health category.



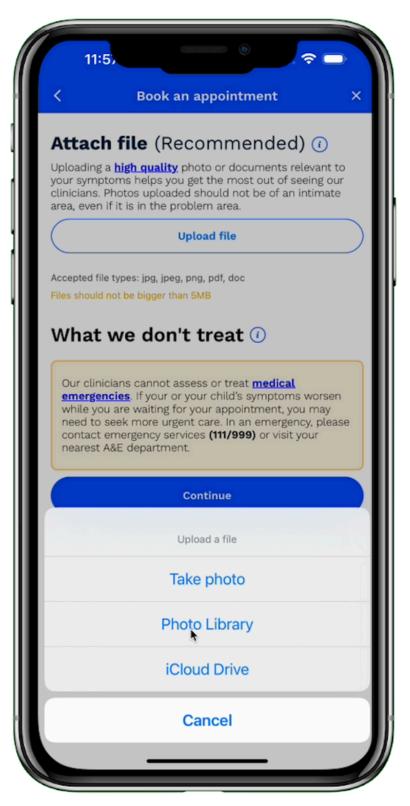


4. Pick the health concern that aligns with your symptoms.



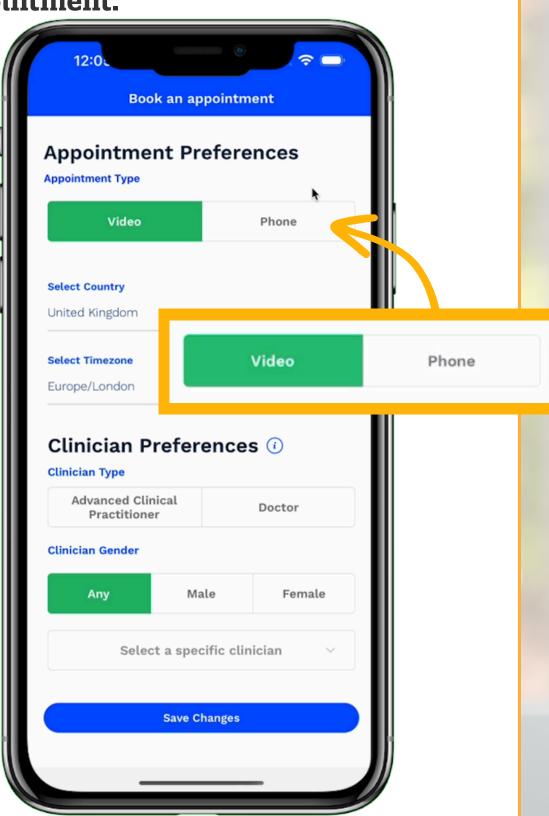


## 5. Attach a relevant file to share with your clinician.



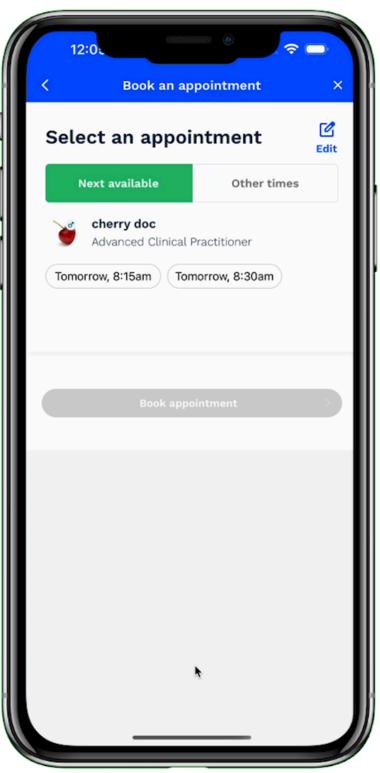


6. Choose if you'd like a video or phone appointment.





7. Select the clinician, date and time that works best for you and book your appointment.





### 8. Your appointment is booked and confirmed.

