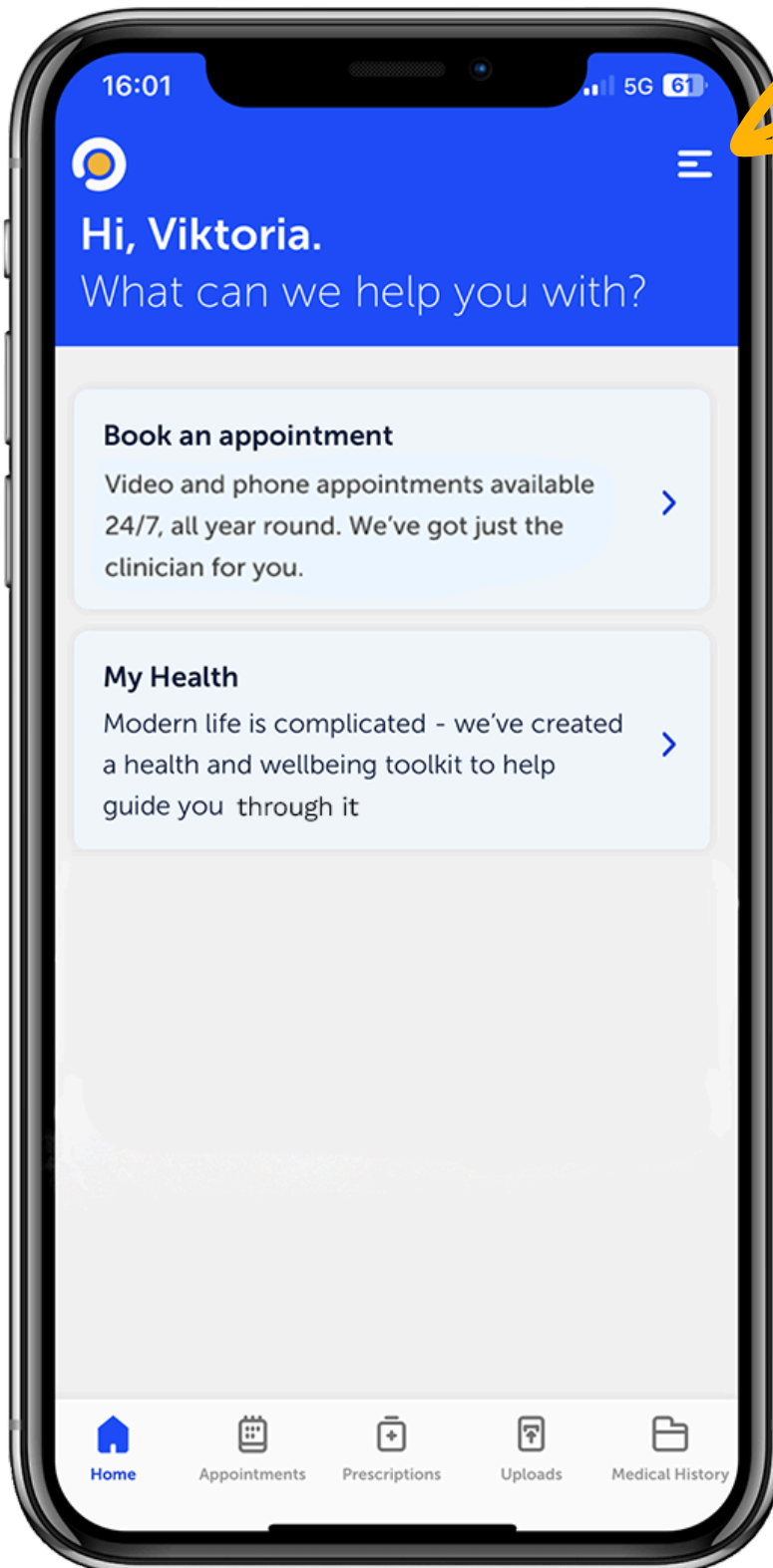




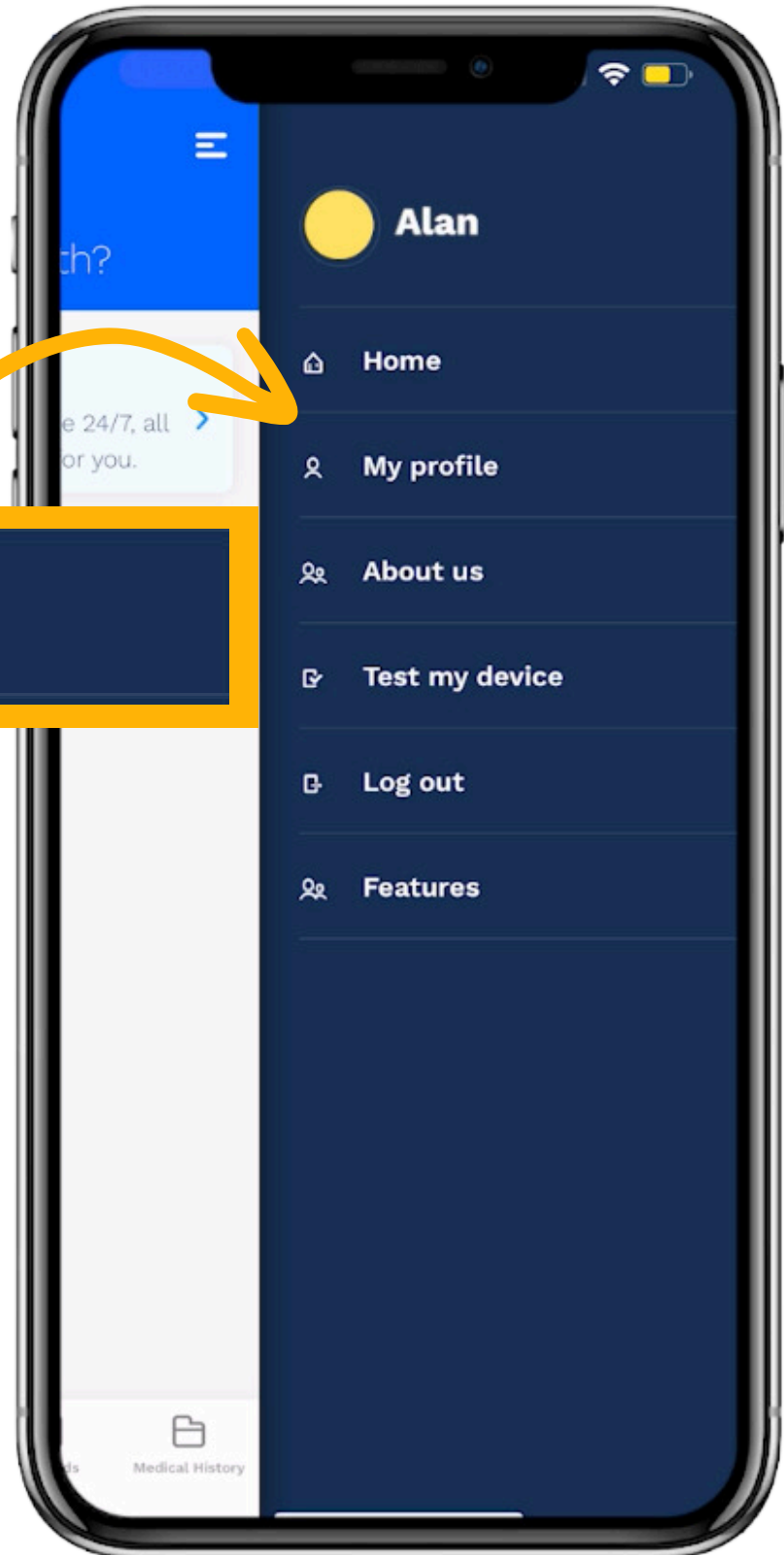
How To Update Contact And Communication Preferences



1. Click on the 3 lines in the top right corner.

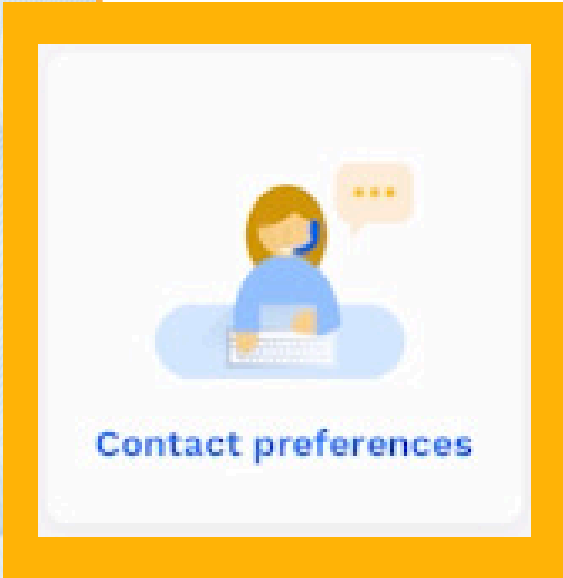
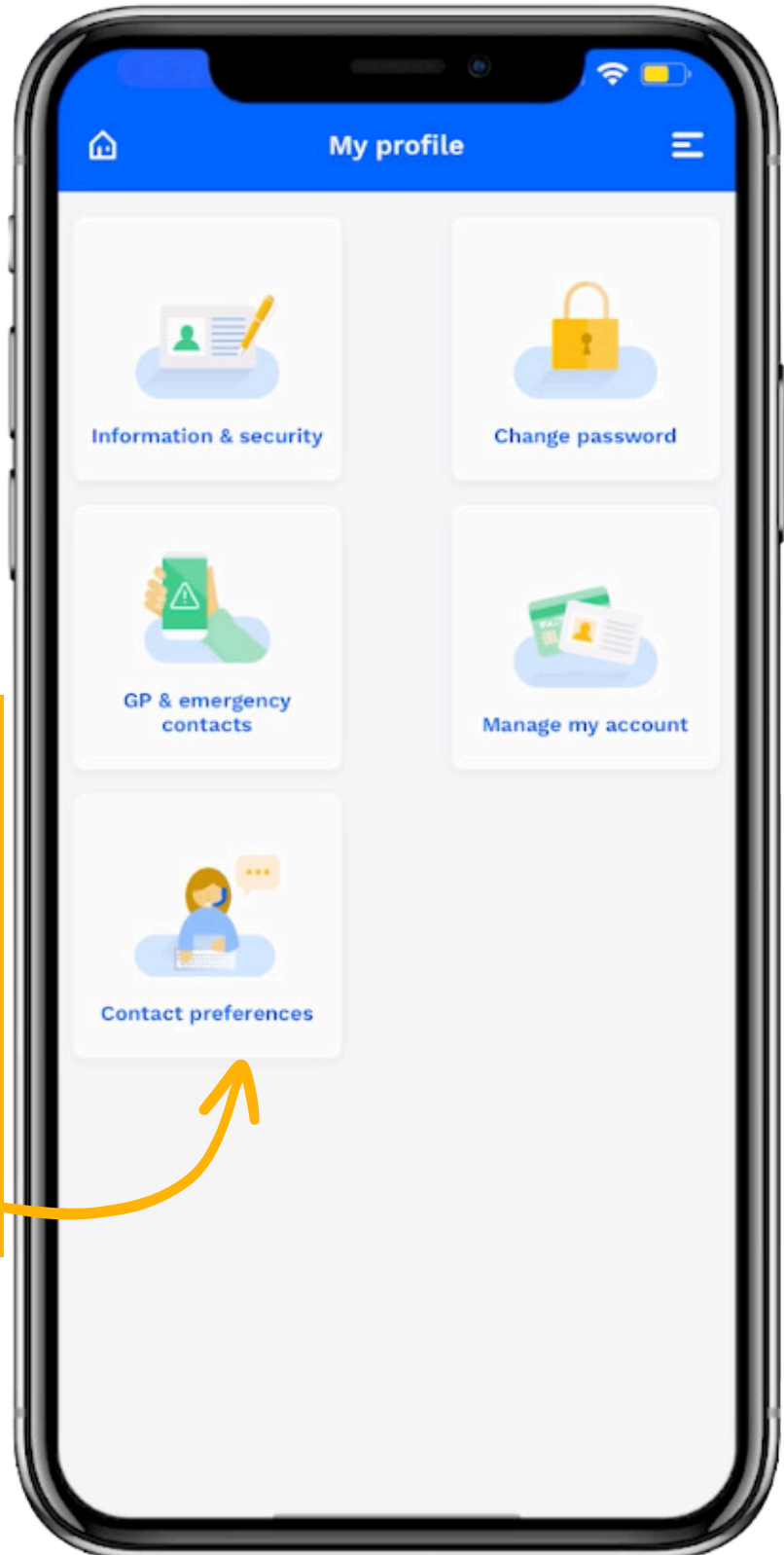


2. Select 'My profile'.

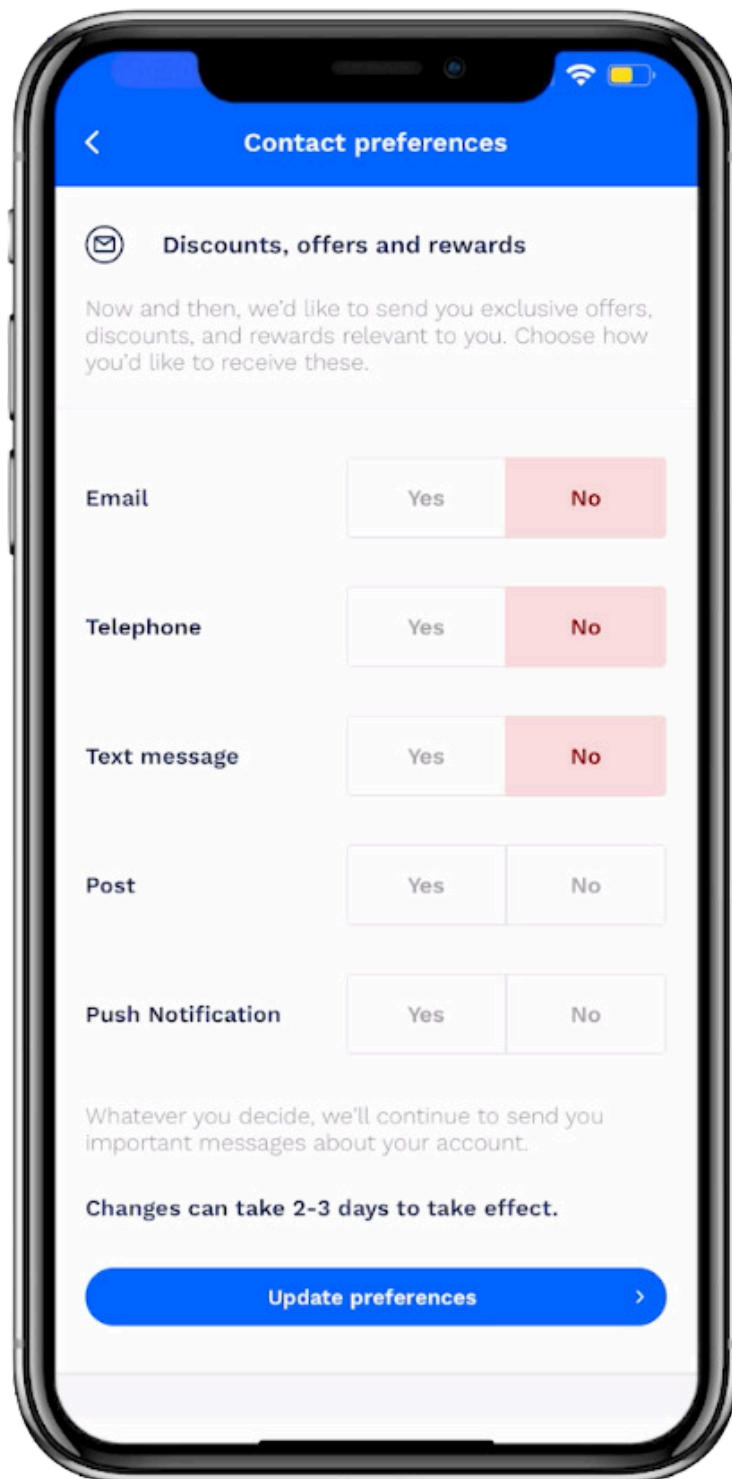


 **My profile**

3. Select 'Contact preferences'.



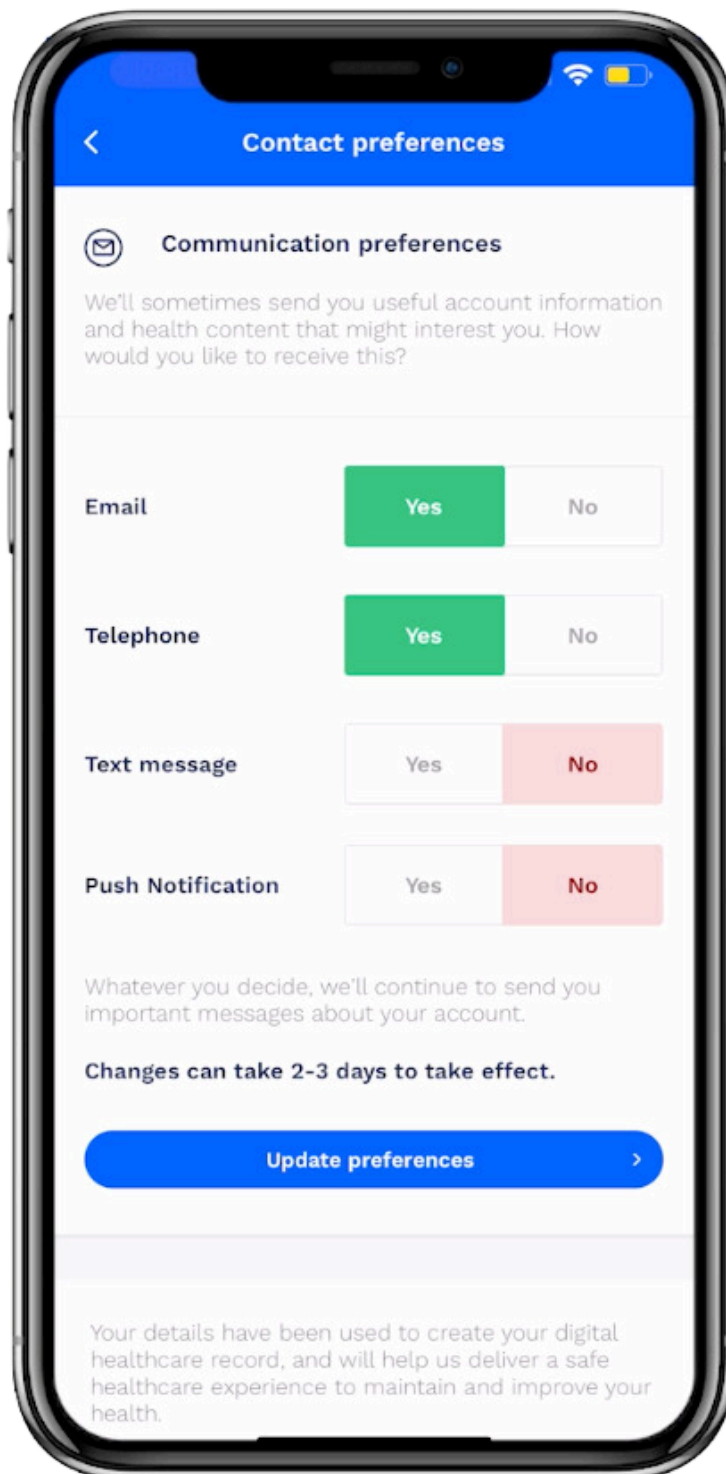
4. Select your preferred discounts, offers and rewards preferences and click 'Update preferences' once done.



The image shows a smartphone screen with the following content:

- Header: Contact preferences
- Section: Discounts, offers and rewards (with an envelope icon)
- Text: Now and then, we'd like to send you exclusive offers, discounts, and rewards relevant to you. Choose how you'd like to receive these.
- Form fields for preferences:
 - Email: Yes (selected), No
 - Telephone: Yes (selected), No
 - Text message: Yes (selected), No
 - Post: Yes, No
 - Push Notification: Yes, No
- Text: Whatever you decide, we'll continue to send you important messages about your account.
- Text: Changes can take 2-3 days to take effect.
- Button: Update preferences (with a right arrow)

5. Select your preferred communication preferences and click 'Update preferences' once done.



The image shows a smartphone screen with the 'Contact preferences' settings page. The page has a blue header with a back arrow and the title 'Contact preferences'. Below the header is a section titled 'Communication preferences' with an envelope icon. The text reads: 'We'll sometimes send you useful account information and health content that might interest you. How would you like to receive this?'. There are four rows of toggle switches for different communication methods: 'Email' (Yes selected), 'Telephone' (Yes selected), 'Text message' (No selected), and 'Push Notification' (No selected). Below the toggles, there is a note: 'Whatever you decide, we'll continue to send you important messages about your account.' followed by 'Changes can take 2-3 days to take effect.' At the bottom of the form is a blue button labeled 'Update preferences' with a right-pointing arrow. At the very bottom of the screen, there is a small disclaimer: 'Your details have been used to create your digital healthcare record, and will help us deliver a safe healthcare experience to maintain and improve your health.'